# Pre-Operative Instructions for Oral Surgery

## Checklist

☐ **If receiving IV sedation** medicine, **you may not have anything to eat or drink for 8 hours prior to surgery**. You may take prescribed medicine such as Valium and antibiotics with small sips of **water. If receiving nitrous oxide (laughing gas)** you may not eat or drink anything for **4 hours** prior to surgery.

☐ **If receiving IV sedation or nitrous oxide (laughing gas),** a responsible adult must accompany the patient to the office, remain in the office during the procedure, be able to drive the patient home and care for the patient the entire day.

☐ **If receiving only local anesthesia**, a light meal is acceptable prior to appointment. It may be helpful to have an adult drive the patient home.

☐ **Please take any medications ordered by your physician unless this office requests otherwise (see below list).**

**Please take these medicines as indicated below (prescribed by Dr. Brooks):**

☐ **Peridex Mouth Rinse: begin using 1 week prior to procedure**
☐ **Valium tablet: take 1 hour before procedure only with water**
☐ **Antibiotic Premedication if indicated: take 1 hour before procedure with water**
☐ **Sterapred (prednisone ) Dose Pack: take after procedure with food**
☐ **Lortab (hydrocodone): begin taking after surgery with food**
☐ **Clindamycin (antibiotic): start taking after procedure with food**
☐ **Penicillin (PenVK): take after procedure with food**
☐ **Ibuprofen (NSAID): take as needed for pain**
☐ **STOP Taking these medications:** _____

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☐ Please **wear loose-fitting clothes** with sleeves that can be rolled-up. **Remove nail polish**, lipstick, jewelry and make-up prior to surgery. **No FLIP-FLOPS.**

☐ **Do not** drink any alcoholic beverages the night before appointment.

☐ **Do not plan to drive an automobile or operate heavy machinery for 24-48 hours following surgery if IV sedation medicine** was used or if patient is taking regular doses of narcotic pain medicine. **Do not drive, operate heavy equipment or do hazardous work while taking narcotic pain medication. You should plan to rest the day of surgery.**

☐ **Do not** ignore a head or chest cold prior to surgery. Please call the office if symptoms occur.

_____ _____
Patient Date Witness Date